



Jersey Wado Ryu – Risk Assessment

Activity

Martial arts training sessions (children, young people and adults)

Location Dojo / Sports hall used by Jersey Wado Ryu

Hazards, Risks and Controls

Hazard	Who may be harmed	Risk	Control Measures
Slips, trips and falls	All participants	Injury	Pre-session floor checks; appropriate footwear; spillage cleared immediately
Physical contact / collisions	Participants	Injury	Age and ability appropriate pairing; warm-ups; instructor supervision
Incorrect technique	Participants	Strain or Injury	Qualified instruction; demonstrations; corrections given
Equipment misuse	Participants	Injury	Equipment checked regularly; correct use explained
Safeguarding concerns	Children & Young People	Injury	Emotional or physical harm Safeguarding policy followed; trained safeguarding lead; clear reporting routes
Medical emergency	Participants	Injury	Serious harm: Medical info collected; first aid kit available; emergency procedures known

Responsibility

The Lead Instructor and club committee are responsible for ensuring this risk assessment is implemented and reviewed. Instructors must always follow control measures.

Review

This risk assessment is reviewed annually or following any incident, change in venue, or change in activity.

Approval

Approved by: Jersey Wado Ryu Committee

Date: 16/01/2026

Next Review: 16/01/2027